

# PEERS<sup>®</sup>

## SOCIAL SKILLS GROUP

*The PEERS model is world-renowned for providing evidence-based social skills intervention designed for teens and young adults who are interested in making and keeping friends.*



### Teens Will Practice:

- ✓ Developing and Maintaining Friendships
- ✓ Conversational Skills
- ✓ Organizing Get-Togethers
- ✓ Handling Disagreements
- ✓ Changing a Reputation
- ✓ Using Humor Appropriately
- ✓ Handling Teasing and Bullying

### What to Expect:

Teens and parents attend weekly group sessions for 90-minutes per week.

Parents attend separate sessions and are taught how to assist their teens in making and keeping friends.

Teens will engage in didactic lessons, role-play demonstrations, and socialization activities to encourage participants to learn new skills and improve peer interaction.

Parent participation is required.

### When:

**The Fall Session:** Teens will meet once a week for 16-weeks in person, beginning October 4th. Caregivers will meet separately, virtually each week.

### Where:

8030 Woodmont Avenue  
Bethesda, MD 20814

### Contact Us:

☎ (888) 604-6776

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